

# Bromley Spring/Summer Menu

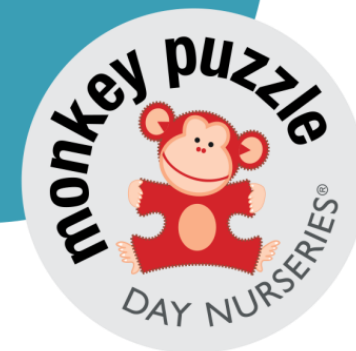
## Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals
Snack	Various selection of fresh fruit/crackers/crumpets/pitta/fruit smoothies.				
Lunch	Soy and Ginger Stir Fry with Vegetables, Noodles and Chickpeas	Beef Bourguignon with Baby Potatoes	Salmon and Pea Pasta with Homemade Seed Bread	Spring Chicken and Broccoli with Crushed Potatoes	Meatballs with Homemade Tomato Sauce and Vegetable Cous Cous
Pudding	Yogurt and Mango Coulis	Vegan Jelly	Homemade Summer Berry Panna Cotta	Yogurt and Fruit	Selection of Fruit
Afternoon Tea	Homemade Soup with Bread	Butternut and Tomato Sage Puffs	Cous Cous Salad	Wraps with Tuna and Cheese	Orzo with Spinach and Pesto
Pudding	Frozen Banana Lollies	Raspberry Muffins	Selection of Fruit	Homemade Peach Melba Strudel	Homemade Vegan Ginger Snaps

Please speak to a member of staff if you require any allergen information in line with our menus.

# Bromley Spring/Summer Menu



## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals
Snack	Various selection of fresh fruit/crackers/crumpets/pitta/fruit smoothies.				
Lunch	Homemade Malaysian Vegetable Curry with Jasmine Rice	Greek Lamb with Vegetables and Cous Cous	Gammon with Roast Potatoes and Cabbage	Chicken and Spring Vegetable Pasta Bake	Fish Fingers, Baked Beans and Homemade Crusty Bread
Pudding	Strawberry Pavlova	Yogurt and Granola	Vegan Clementine Jelly	Mini Sugar Free Eclairs with Greek Yogurt	Vegan Chocolate Banoffee
Afternoon Tea	Selection of Sandwiches with Vegan Ham and Egg	Roasted Vegetable and Tomato Pasta	Salmon Caesar	Baked Beans and Cheese Wraps	Spinach and Cheese Pinwheels
Pudding	Homemade Banana and Date Vegan Flapjacks	Frozen Banana Lollies	Selection of Fruit	Selection of Fruit	Fruit Yogurt

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# Bromley Spring/Summer Menu

## Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals
Snack	Various selection of fresh fruit/crackers/crumpets/pitta/fruit smoothies.				
Lunch	Roasted Cauliflower and Broccoli Pasta Bake with Chickpeas	Homemade Cornish Pasty with Broccoli and Gravy	Homemade Mixed Fish and Vegetable Paella with Brown Rice	Roast Chicken with Carrots, Peas, and Potatoes	Homemade Chorizo Style Macaroni and Butterbean Crunch
Pudding	Selection of Fruit	Homemade Mixed Berry Cheesecake	Vegan Fruit Jelly	Mango, Passionfruit and Coconut Panna Cotta	Yogurt and Fruit
Afternoon Tea	Potato Wedges with Cheese and Tomato	Tuna and Sweetcorn Melts	Wraps with Ham or Cheese	Homemade Soup and Quinoa	Selection of Vegan Rolls
Pudding	Chocolate Tiffin	Selection of Fruit	Frozen Banana Lollies	Selection of Fruit	Homemade Vegan Vanilla Shortbread

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# Bromley Spring/Summer Menu

## Week 4



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals
Snack	Various selection of fresh fruit/crackers/crumpets/pitta/fruit smoothies.				
Lunch	Roasted Mediterranean Vegetable Red Lentil and Mozzarella Gratin	Homemade BBQ Gammon and Vegetable Ribbons with Quinoa	Bucatini Pasta with Sausage meat with Mushrooms	Thai Green Chicken and Vegetable Curry with Rice	Homemade Tuna Melt Calzone with Green Vegetable Pasta
Pudding	Selection of fruit	Homemade Lemon Cheesecake	Yogurt and Fruit	Yogurt and Granola	Selection of Fruit
Afternoon Tea	Baked Beans and Pitta	Cheese and Onion Rolls	Wedges and Tuna Bake	Pesto Pasta Salad	Sandwiches with Turkey or Cheese
Pudding	Homemade Sparkling Fruit Lollies	Fruit Yogurt	Homemade Vegan Carrot and Cinnamon Cup Cakes	Frozen Banana Lollies	Homemade Vegan Semolina and Cherry Bakes

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